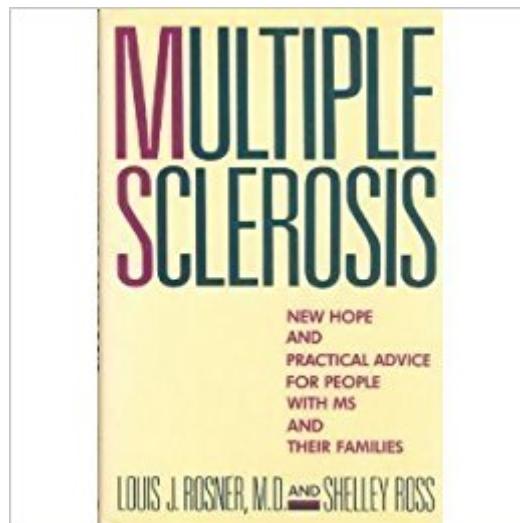


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# Multiple Sclerosis



## **Synopsis**

Too often, multiple sclerosis is thought of only as "the crippler of young adults." But in fact, 75 percent of all people with MS will never need a wheelchair. In *Multiple Sclerosis*, Dr. Louis J. Rosner and Shelley Ross explain that there genuinely is new hope, both for controlling the disease today and for curing it in the future. *Multiple Sclerosis* covers all the latest information on how to control the symptoms of the disease -- including thorough discussions of the roles of stress, diet, and pregnancy -- along with providing an analysis of the current treatments and of all the latest medical breakthroughs. Also covered are: \* The diagnosis (including the revolutionary process of magnetic resonance imaging) \* The varying symptoms and courses of the disease \* The emotional problems that can come with MS and how to cope with them Whether you've just been diagnosed as having MS or you've lived with it for a while, or even if the person with MS is someone you know and love, you should know that misinformation is a far greater enemy than the disease. So though *Multiple Sclerosis* doesn't provide you with a cure, it can give you the best tool to beat MS -- the facts. --This text refers to an out of print or unavailable edition of this title.

## **Book Information**

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## **Customer Reviews**

"MS is one of the most misunderstood diseases," maintains Rosner, associate clinical professor of neurology at UCLA, and Ross, a freelance writer, in this clear, comprehensible guide intended for those afflicted with the disorder of the central nervous system, as well as for their family and friends. In addition to dispensing practical advice (clarifying signs and symptoms and the complex diagnostic process), they debunk misconceptions, asserting that "75 percent of people with MS will

never need a wheelchair, and 40 percent will experience no interference with activity

This book is valuable even for public libraries holding other books on multiple sclerosis. Rosner, a physician, and Ross answer the usual questions regarding MS causes, symptoms, diagnosis, course of the disease, and possibilities for cure. But they also devote a large part of the text to discussing the "facts of life" with the disease—the emotions of the person with MS and of family members, friends, and caregivers. They examine relationships; discuss personal feelings of the MS victim, whether adult, child, spouse, or lover; and encourage patients to learn how to live with the disease. Recommended. Carol Spielman Lezak, General Learning Corp., Northbrook, Ill. Copyright 1987 Reed Business Information, Inc.

This book was very helpful. I gave it to my best friend because she had MS. I saw it in a store, read through it to see that it had so much information regarding natural remedies for MS. So, I purchased it for her. The price from the seller was very reasonable.

I picked up 3 of the "recommended" books from .com at the same time and found this one to be the most positive in attitude. I am glad I read it first before jumping into the others. It offers a good overview. It does need to be updated to include recent advances in treatment. Despite being written in the early 90's it barely touches the wide-spread usage of the ABC treatments now available (Avonex, Betaserone, and Copaxone) among others. If someone could reach the authors and encourage an update I would still recommend it as a best place to start.

I checked this book out of the library first. It was so good I bought it. Our doctor suspected MS. Reading this made it a lot less frightening. A specialist did tests and it was not MS, but because of this book we were prepared in case that's what it was.

This book is full of information and hope. It's written by someone who doesn't think the rest of the world is stupid. Good information and resources.

Extremely informative. I learned a lot from this book.

I was diagnosed with MS 6 years ago... by the author, Louis Rosner, M.D. at UCLA. I continued as his patient until he retired 3 1/2 years later. The funny thing is, I had checked the earlier edition of

this book out of the library while going through the diagnostic process with another neurologist and was very impressed with its straightforward overview of the disease and its impact on the individual and their families. It lays out the facts and vagaries of this chronic, life-changing disease without terrible gloom and doom, but also without a hint of condescension or fluff. He manages to tell you the range of signs, symptoms, and the disability they may cause—from mild to severe—that can happen to a person with MS without unduly alarming someone new to it. He also reviews case histories of a number of patients he had followed over the years, which I found very enlightening, as it shows just how MS can affect people so differently. I'd made my appointment at UCLA with one of their "MS specialists," and only later realized it was the author. I was lucky—I cannot imagine a neurologist explaining MS to me (in person, as well as in the book) any better than Dr. Rosner. Because this edition of the book (1992) is the latest available, and Dr. Rosner is now retired, I have no idea if there are any plans for an updated edition. I would love to see one, but even though the book does not touch on the new immunomodulating and chemo therapies now widely used in treating MS, it remains an extremely useful book in any "MS library." I have yet to read a better, overall explanation of this baffling disease, and have recommended it to many. Incidentally, the new therapies not covered in this book, were initially available only beginning in the early 90s, and then, only through a lottery. This is why they are not touched on in this book.

great and good experience. OK. Very nice product - sharp, good weight, looks great. for myself, delivery so quickly.

This has always been a terrific book for those who are interested in information aplenty, clarity without condescension, clinical objectivity and a positive attitude. The 2008 update takes account of research and therapeutic disease-modifying drugs unavailable earlier. The attitude is Rosner's own: he had polio when young, and has lived with leg-and arm-braces. He believes (He was my neurologist 1976-88.) The 2008 edition is available in paperback and Kindle formats. [http://www..com/Multiple-Sclerosis-Practical-Advice-Families/dp/1416550992/ref=ed\\_oe\\_p](http://www..com/Multiple-Sclerosis-Practical-Advice-Families/dp/1416550992/ref=ed_oe_p)

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